

Local Counseling Services:

If you feel like you and/ or your child needs additional help, here are some options for counseling services in the community:

- Wings of Hope Hospice offers several support groups throughout the area and is a great resource when dealing with grief and loss:
(<http://alleganhospice.com/areasupport.php> or (269) 686-8659)
- Holland Behavioral Health Services: (616) 355-3926
- Pine Rest of Holland: (616) 820-3780

Children's Books About Death and Loss:

For children 4 – 8 years

- *What's Heaven?* By Maria Shriver
- *Lifetimes* by Brian Mellonie and Robert Ingpen
- *Once Upon a Hopeful Night* by Risa Sacks Yaffe
- *Chester Raccoon and the Acorn Full of Memories* by Audrey Penn
- *When Dinosaurs Die: A Guide to Understanding Death* by Laurie & Marc Brown
- *I Miss You: A First Look at Death* by Thomas and Harker
- *Badger's Parting Gifts* by Susan Varley
- *Water Bugs and Dragonflies: Explaining Death to Young Children* by Doris Stickney

For children 9 – 12 years

- *Tear Soup* by Pat Schweibert
- *Gentle Willow: A Story for Children About Dying* by Joyce Mills
- *The Dragonfly Secret: A Story of Boundless Love* by Clea Adams and Barbara Gibson
- *The Snowman: A Book About Children and Grief* by Robin Vogel
- *Good Grief: A Kids Guide for Dealing with Change and Loss* by Kim Frank
- *Sad Isn't Bad* by Michaelene Murphy
- *The Magic Moth* by Virginia Lee

For Teens

- *The Grieving Teen: A Guide for Teenagers and Their Friends* by Helen Fitzgerald
- *Straight Talk about Death for Teenagers: How to Cope with Losing Someone You Love* by Earl Grollman
- *You Are Not Alone: Teens Talk About Life After The Loss of a Parent* by Lynne Hughes
- *Healing Your Grieving Heart for Teens: 100 Practical Ideas* by Alan Wolfelt
- *When a Friend Dies – A Book for Teens About Grieving* by Marilyn Gootman
- *Losing Someone You Love: When a Brother or Sister Dies* by E. Richt